



Munsey Park Elementary Health & Wellness Week Poster Contest

- Show you and/or your family enjoying a healthy lifestyle
- Eating lots of fruits & vegetables
- Drinking plenty of water
- Exercising
- Getting a good night's sleep
- Minimum poster size 8 x 11
- Demonstrates Creativity & Originality
- Return to your teacher by Friday, January 19th
- One winner per grade - Open to All Grades!



- **Winners get Prizes!!!**