

Minutes
Joint Munsey Park and Shelter Rock
SCA Parent Council Meeting
October 21, 2009

Our meeting opened with our speaker, Roberta Richin, discussing organizing our lives and our children's lives. She spoke at an SCA meeting last year and talked about organizing our belongings at home. We, as parents, can help our children become partners at home based on our core values. Some core beliefs of a healthy family are communication, love and respect to name a few. A family is a team: each person plays a role or job, works together, and helps each other based on your shared purpose or goal. She followed her discussion with stating that each individual has dreams and goals. A family should build a team with daily routines. Ordinary work gets in the way of quality time is a common thought. But if it is not done, the family won't function. Each family should have a tag line or a logo like "I believe in you". It helps define each person's role. In closing, it is important to define each family member's role and what you want your children's role to be. It should be based on your core values. You want to figure out how a child can fulfill their role through ordinary routines. A child will make their role by design or default so if you guide them to their role, family will function better. It is also helpful to help your child realize that you can't be your best if you are not thinking of your team. And your team is your family.

Ms. Richin had to leave early and Christy continued with the meeting. She announced that the SCA is donating \$10,000 to CASA. CASA stands for Citizens Against Substance Abuse. We are in the middle of Red Ribbon Week where the theme is "Drug Free is the Key". Our speaker, Roberta Richin has been working with CASA and developing a community drug free support program. CASA has also been accepted into a Federal program to help with the community programs. For any other information, you can go to the website at www.manhassetcasa.org.

Christy mentioned that she has some article on parenting and continue with that discussion. She spoke briefly about things that are important to her family : sleep, meals, reading and family time. Everyone knows their role at the home and it helps the family function well as a team.

Christy highlighted the 2 major fundraisers for the SCA. The SCA luncheon will take place on November 18 and it is one of our major fundraisers. The SCA Fair is the other major fundraiser. The Holiday Gift Program will be taking place shortly and raises money during the holidays to give to others in our community that are less fortunate. Amy Keogh and Danielle Caccioppo are in charge of the program.

The meeting adjourned at 10:30 am.