

May 25, 2011

Addendum to SCA ByLaws, Policies and Documents and Records dated June 2, 2007

BYLAW

(Page 22)

Section 27 **The Health and Wellness Committee** shall be responsible for promoting the physical and emotional well-being of our students.

The Health and Wellness Committee shall be composed of three Chairpersons, one from Munsey Park School, one from Shelter Rock School and one from the Secondary School, all appointed by the Executive President. In addition, each School President will appoint a committee member from their School.

(Page 100)

POLICY THIRTY-SIX

HEALTH AND WELLNESS COMMITTEE

(See ByLaws Article XVI, Section 27)

Purpose

The Health and Wellness Committee's purpose is to have an active role in enhancing the physical and emotional well-being of our students. This includes ensuring the delivery of high quality nutritious food, promoting a coordinated school health program where parents are active participants, and facilitating a healthy lifestyle.

Chairperson

The Executive President shall appoint three Health and Wellness Chairpersons, one from Munsey Park School, one from Shelter Rock School and one from the Secondary School to serve a two-year term.

The Health and Wellness Committee Chairpersons shall:

- attend the mandatory first Executive Board meeting of the school year for orientation by the Historian and the Executive President; the General Membership Meeting where elections are held; and the Annual Meeting where the budget is adopted.
- report on the work of the Health and Wellness Committee to the Executive Board upon request of the Executive President;
- submit proposed Health and Wellness Committee plans to the Executive Board for approval before action is taken thereon; and
- provide an annual written report of the work of the Health and Wellness Committee to the Executive President no later than June 1 of each year.

Health and Wellness Committee Addendum, continued

Committee Membership

The Committee shall be composed of the Chairpersons appointed by the Executive President. Additionally, one person from each school should be selected, if possible, from the responses to the volunteer solicitation and appointed by the School President. Additional members may be added by direct solicitation, newspaper advertisements, and/or flyers.

Meetings

The committee shall meet three times each year or on an as-needed basis:

- prior to, or at the very beginning of, the school year to set an action plan;
- mid-year to evaluate programs presented in the Fall or early Winter and to plan new programs or speakers for the Spring; and
- at year-end to evaluate current programs and research topics and speakers for the following school year.

Responsibilities

The Health and Wellness Committee shall be responsible for:

- monitoring the food quality, quantity and service of food by our cafeteria provider as outlined by our District Wellness Policy.
- collaborating with the lunch and recess committees at the elementary level to ensure optimal delivery of food and promote physical wellness during recess.
- researching potential programs, implementing agreed upon programs and doing follow-up evaluations.
- attending meetings set by the District Wellness Oversight Committee