



# Simply Green

## Live Well, Tread Gently

ISSUE V April, 2008: Spring Cleaning Edition – Save for important info!

The SCA's Planet Manhasset committee presents monthly eco-tip sheets, offering easy-to-implement ideas in support of a greener and healthier lifestyle. The committee invites you to share your own green tips by visiting: [PlanetManhasset@yahoo.com](mailto:PlanetManhasset@yahoo.com)

As the days (slowly) get warmer and the buds, bugs and birds return, gentle breezes replace the bitter winds of winter . . . all of this can mean only one thing -- time for spring cleaning! This year, as we go through closets, garages and other hidden hoarding places, let's try to think of recycling instead of throwing things in the garbage, and of proper disposal of hazardous waste, much of which can be corrosive, explosive or toxic if mixed with regular household garbage. Please take an extra moment to check labels for warnings, and take advantage of these safe, environmentally conscious disposal options:

- **Hazardous household waste**, including: oil-based paints & lacquers, paint thinners/turpentine, pesticides/fertilizers, antifreeze, furniture polish & floor cleaners, used oil and car batteries, aerosol containers. Drop off these items at the Town of North Hempstead's S.T.O.P. program (Stop Throwing Out Pollutants) sites, strictly between 9:30 am and 3 pm, on one of these dates for '08: **THIS Saturday, April 12** (at Tully Park, off Denton Ave); Saturday, June 7 (at 802 W. Shore Rd., Port Washington (near Harbor Links)); Saturday, September 6 (Tully Park); or Sunday, November 9 (W. Shore Rd). More info: [www.northhempstead.com](http://www.northhempstead.com), or 767-4600. **Please note:** Latex/water-based paint (once hardened/dried-out) should be disposed of in your regular trash.
- **Electronic & non-hazardous waste**, including: personal computers, laptops, personal printers & faxes, TV's, VCR's, DVD players, electronic toys, answering machines, cordless phones, cell phones, calculators & cable wires, furniture, residentially generated construction and demolition debris, and yard waste (there may be a small fee for certain items; no commercial vehicles permitted). Drop off any Sunday from 7:30 am – 3:30 pm at the Town's resident drop-off facility: 999 West Shore Rd. in Port Washington. **Special Note: THIS Sunday only** (April 13), the JCC (over the viaduct) is hosting an electronic waste recycling day from 10am to 1pm. They'll accept computers, fax machines, phones, answering machines, etc.
- **Compact fluorescent light bulbs (CFL'S)**. CFL's use up to 75% less energy than incandescent bulbs, last 10 times longer, cut down tremendously on greenhouse gas emissions, and provide a quick return on investment. However, **CFL's do contain a trace amount of mercury**, and must be handled responsibly. When a bulb burns out, wrap it in newspaper, seal it in 2 plastic bags and place with regular garbage. **If a CFL breaks, proper care must be taken in cleaning it up.** For step-by-step cleaning instructions from the EPA, see [http://www.energystar.gov/ia/partners/promotions/change\\_light/downloads/Fact\\_Sheet\\_Mercury.pdf](http://www.energystar.gov/ia/partners/promotions/change_light/downloads/Fact_Sheet_Mercury.pdf)
- **Recycle your children's shoes:** A local resident involved in the Peace Corps is stationed in a little village in El Salvador where many children don't even have shoes. Crocs and flip flops are great since they are durable, good for running, climbing & getting wet, easy to fit & clean, can substitute for sneakers, and are very light weight (postage is exorbitant). **If you have any crocs, or other light-weight kids' shoes (or even adult sizes), please drop them off at 282 Ryder Rd. by the end of the day on Monday, April 14th.** More info: [danielecacioppo@aol.com](mailto:danielecacioppo@aol.com).
- **Plastic bags.** Hopefully, we're all moving on to reusable market bags. But we still have our newspapers delivered in them. Rather than tossing bags in the garbage, see if your dog-owning neighbors can use them, then check with our local supermarkets for dedicated plastic bag recycling bins.

For more information on Planet Manhasset or any SCA committee/event, please visit

[www.manhassetsca.org](http://www.manhassetsca.org)

Questions/comments? Please e-mail: [PlanetManhasset@yahoo.com](mailto:PlanetManhasset@yahoo.com)

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