



## Simply Green

### Live Well, Tread Gently

ISSUE XII Spring: SPRING EDITION/RECYCLING

As we plan our spring cleaning, organizing closets, attics and garages, remember that much of our “trash” can be recycled, and many organizations welcome merchandise that can be re-used to help others. Below are some resources for recycling common household items as well as uncommon items we may not have considered recyclable. Happy cleaning!

#### **WHOLE FOODS**

There is a Bin for **#5 Plastics** outside by the shopping carts. Yogurt containers, deli containers and anything else that has #5 mark are recycled and turned into toothbrushes, razors, cutting boards, colanders, etc. by a company called Preserve.

Cleaned **Brita filters** also can be recycled here. Just dry the filter by shaking off excess water and setting in a dry place for three days. Then wrap in a recyclable plastic grocery bag.

**Stretch Plastics** are recycled via the Green bin near Customer Service. They accept any store’s plastic bags, dry cleaning plastic, etc.

**Batteries and Cell Phones** are recycled near the bottle return machines in the back.

#### **GOODWILL**

Accepts donations of old **VHS tapes**. They do not pick up but accept drop-offs at their 2736 Merrick Road location. [www.goodwillny.org](http://www.goodwillny.org). (516) 409-5951.

#### **DRESS FOR SUCCESS NASSAU COUNTY**

Promotes the economic independence of disadvantaged women by providing professional attire (**suits, blouses, blazers & shoes**), a network of support and the career development tools to help women thrive in work and in life. For more information, visit [http://dressforsuccess.org/supportdfs\\_donate\\_clothing.aspx](http://dressforsuccess.org/supportdfs_donate_clothing.aspx). Donations are accepted at 301 West Old County Road, Hicksville, New York, M-F, 9-12pm except holidays, 516.873.5687, e-mail: [nassaucounty@dressforsuccess.org](mailto:nassaucounty@dressforsuccess.org) (For anyone interested in donating items for men, please call Career Gear at 212-577-6190.)

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### **NIKE**

Nike's Reuse-A-Shoe program accepts old sneakers (any brand) and recycles them into courts for various sports so kids around the world have a place to play. They can be dropped off at a Nike store, check website for locations or mail to: Nike Recycling Center, c/o Reuse-A-Shoe, 26755 SW 95<sup>th</sup> Avenue, Wilsonville OR 97070, [www.letmeplay.com/reuseashoe](http://www.letmeplay.com/reuseashoe).

### **COMPUTERS 4 KIDS**

There will be a **Computer recycling event on April 4 at the Manhasset High School cafeteria**, between 11 am and 1:30 pm. Do you have an extra computer, laptop or printer you no longer need? Consider donating it to *Computers 4 Kids* and putting it to good use. After wiping (erasing) a donated the hard drive to protect data confidentiality, "comp4kids" refurbishes old computers and distributes them to needy families throughout Nassau and Suffolk counties (including Manhasset) and the metro NYC area. Comp4Kids is an authorized Microsoft Authorized Refurbisher. Donations of keyboards, mice, power cords and educational / games software (for all ages) are also appreciated. Equipment must be less than about 5 years old to be refurbished (look for a Pentium IV sticker). Contact Kathy McIntee at [mcintee@optonline.net](mailto:mcintee@optonline.net) with any questions. For more information on comp4kids, visit [www.comp4kids.org](http://www.comp4kids.org). If your computer is older than 5 years, you may recycle it Sundays between 7:30 am and 3:30 pm at the Town of North Hempstead Recycling Center, 999 West Shore Road, Port Washington (near Harbor Links). There is no charge for E-waste drop off (proof of residency required).

### **UNITED WAY OF LONG ISLAND**

United Way of Long Island and many of their community partners are in need of in-kind donations throughout the year, including items such as new or gently used **home furniture, office equipment, computers, clothing and food**. They have compiled a list of needed items so you can contribute in this very valuable, alternative way. Visit, [United Way of Long Island's 2008-09 In-kind Donations List](#).

### **BABY BUGGY**

Accepts in-kind donations of new or gently used baby clothes, gear or baby products. Donations are distributed to nonprofit community partners serving low-income and homeless families for their babies and infants. <http://www.babybuggy.org/>, 212-736-1777.

### **CROCS**

Give back your **worn-out crocs™** shoes to be recycled into new shoes and they will be donated to people in need around the world. <http://www.solesunited.com>.

### **HOME DEPOT**

All Home Depots have implemented a **Compact Fluorescent Light bulbs (CFL's)** recycling program. Customers can simply bring in expired, unbroken CFL bulbs and give them to the store associate behind the returns desk. Bulbs are then managed responsibly by an environmental management company who coordinates packaging, transport and recycling to insure environmental compliance. [www.homedepot.com/ecoptions](http://www.homedepot.com/ecoptions)

**RECYCLEWIRELESSPHONES.COM**

Old **wireless phones** can be recycled to help our environment and help a charity or get cash. This website can help you locate a local donation center, find a charity you want to support, direct you to a mail-back program or direct you to an on-line auction where you can sell your old mobile phone(s). All companies participating in Wireless...The New Recyclable™ allow you to drop off your used wireless phones and accessories at their retail stores, regardless of the model phone. Other programs have mail-in options. [www.recyclewirelessphones.com](http://www.recyclewirelessphones.com).

**GAZELLE.COM**

Gazelle.com is another source where you can recycle old gadgets including: **Cell Phones, digital cameras, PDAs, MP3 players, GPS, etc.** Items are put for sale or donated to a charity.

With all of these wonderful options for recycling and helping others, there's even more incentive to roll up our sleeves and get to work!

For more information on the Manhasset SCA, please visit [www.manhassetzca.org](http://www.manhassetzca.org). To contact Planet Manhasset, please email [PlanetManhasset@yahoo.com](mailto:PlanetManhasset@yahoo.com).

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