



PROUDLY PRESENTS
ADAPTIVE KARATE DROP OFF CAMP



ELECTION DAY - TUESDAY 11.7.17
1:00-3:00 PM AGES 5-13

Program Will Focus On

- * Fitness * Athletic Skills * Socialization * Goal Attainment *
- * Achievement Levels * Building Confidence * Having FUN!

All activities & programs will be facilitate by trained instructors from Be the Best Sport & Tokey Hill Martial Arts

Program Location: Tokey Hill Martial Arts
95 Seaview Boulevard – Port Washington, NY 11050 – 516.453.0990

Space is limited. Registration required.
Please email ManhassetSEPTA@gmail.com for the SignUpGenius link or if you have any questions.