



## *February Presentation and Workshop*

*Expert Presentation:*

**Dr. James Snyder**  
**ADHD/ADD**  
**Medications**  
**for children and adults**

Wed, Feb 10  
7:30pm - 9pm  
Manhasset Public Library  
Community Room

- Get a review of the *new generation* of ADHD medications
- Hear about the current research results of these medications
- Learn what issues to consider when selecting medications and while taking medication
- Open expert Q&A

*Workshop:*

**Typical Teen or**  
**Troubled Teen**  
**Knowing the Early Signs**

Tue, Feb 23  
7pm - 9pm  
Manhasset High School  
BOE Room, 2<sup>nd</sup> Fl

**Workshop for parents, teachers,  
guidance and psychology staff:**

- Learn the early signs of mental illness in tweenies and teens
- Take a quiz to help better understand 'typical versus troubled' teen behavior
- Understand what to do if you suspect emotional illness
- Find out about services and help in the area

*Please pre-register for workshop-Email to  
[save a spot](mailto:ManhassetSEPTA@gmail.com)*

**All are welcome to attend this free presentation and workshop.**  
**Refreshments will be served at both events.**

Contact Manhasset SEPTA at [ManhassetSEPTA@gmail.com](mailto:ManhassetSEPTA@gmail.com) to reserve a spot for workshop.